

AGING AND ADULT SERVICES
 Alabama Commission on
 Aging Office: 1-800-243-5463
 Area Agency on Aging: 205-333-2990
 Caring Days: 205-752-6840
 Eldercare Hotline: 458-7214 or 1-800-356-6459
 Focus On Senior Citizens: 205-758-3393
 Meals on Wheels: 205-469-0376
 or 752-5429 X228

ALCOHOL AND DRUG SERVICES
 Bradford Health Services: 205-750-0227
 Indian Rivers
 Mental Health Center: 205-391-3131
 A Woman's Place: 205-333-9184
 Phoenix house: 205-758-3867
 VA Medical Center: 205-554-2000 X3395

COUNSELING AND MENTAL HEALTH
 Ability Alliance of
 West Alabama: 205-333-1577
 Child Abuse Prevention
 Services of Tuscaloosa, Inc: 205-758-1159
 Christian Counseling Clinic: 205-752-7557
 Family Counseling: 205-752-2504
 Indian Rivers Medical
 Health Center: 205-391-3131
 North Harbor
 Outpatient Therapy: 205-333-4087
 Turning Point (domestic
 violence, sexual assault,
 elder abuse): 205-758-0808
 Tuscaloosa One Place: 205-462-1000
 University Medical Center: 205-348-1770
 University Psychology
 Clinic: 205-348-5000
 West Alabama AIDS
 Outreach: 205-759-8470

EMERGENCY SERVICES
 Ambulance/ Fire /Police: 911

CHHR Adult/Child/Elder
 Protective Services: 205-554-1100
 National Suicide
 Lifeline: 1-800-273-TALK or 1-800-273-8255
 Northport Fire Dept.: 205-339-7100
 Northport Police Dept. 205-333-3031 or 339-6600
 Poison Control: 205-345-0600
 Turning Point (spouse abuse, sexual assault,
 elder abuse /other crimes): 205-758-0808
 Tuscaloosa County
 Sheriff's Dept.: 205-752-0616
 Tuscaloosa Fire Dept.: 205-349-1100
 Tuscaloosa Police Dept.: 205-349-2121

EMPLOYMENT SERVICES/LITERACY
 Alabama Department of
 Rehab Services (Voc Rehab): 205-554-1300
 Indian Rivers Supported
 Employment Program: 205-391-3131
 Tuscaloosa Career
 Center: 205-759-2576
 Shelton State Adult
 Project Literacy U.S.: 205-391-2671

FOOD, CLOTHES, UTILITIES, FINANCIAL SERVICES
 Alabama Good Will: 205-752-1859
 Catholic Family Services: 205-759-1268
 Community Service
 Programs: 205-752-5429
 Community Soup Bowl: 205-752-2421
 Easter Seals of
 West Alabama: 205-759-1211
 Family Resource Center: 205-462-1000
 Food Stamp Office: 205-554-3300
 Red Cross: 205-758-3608
 Salvation Army: 205-553-1600

Tuscaloosa One Place: 205-462-1000
 Temporary Emergency
 Services: 205-758-5535
 United Way: 205-345-6640

West Alabama Food Bank: 205-333-5353
GENERAL VICTIMS SERVICES
 Alabama Attorney General Office of
 Victims Assistance: 1-800-626-7676
 Alabama Coalition against
 Domestic Violence Hotline 1-800-650-6522
 Alabama Crime Victims Compensation
 Coalition: 1-800-541-9388
 Kings Home: 205-678-8331
 Turning Point Domestic Violence and Sexual
 Assault Services: 205-758-0808
 Tuscaloosa CO. District Attorney Victim/Witness
 Services: 205-349-1252
 Victims Of crime & Leniency : 1-800-239-3219

LEGAL SERVICES
 Alabama Disabilities
 Advocacy Program (ADAP): 1-205-348-4928
 Alabama State Bar Volunteer
 Lawyers Program: 1-888-857-8571
 Legal Counsel for
 the Elderly: 1-205-348-4960
 Legal Services Alabama: 1-800-403-4872

MEDICAL SERVICES
 DCH Northport: 1-205-333-4500
 DCH Regional Medical
 Center Emergency Room: 1-205-759-7133
 Good Samaritan Clinic: 1-205-343-2212
 Maude Whatley Health
 Care Center: 1-205-758-6647
 Tuscaloosa Co. Health Dept.: 1-205-562-6900
 University Medical Center: 1-205-348-1770

SUPPORT GROUPS

Autism Support: 1-877-4AUTISM
Bradford Health Services: 205-750-0227
(Parent Support Groups and AA schedules)
Bereavement Support
Groups 205-523-0101
Cancer Support Groups 205-759-7877
CAPS (Child Abuse): 205-758-1139
Celebrate Recovery 1-205-759-8050
Compassionate Friends (Parents losing a
child at any age) 205-554-0735
Divorce Care 205-292-1411
Emotions Anonymous: 205-345-1534
GRASP (Grief Recovery after a
Substance Passing) 205-657-7284
National Alliance for the
Mentally Ill (NAMI): 205-752-5774
NAMI UA (Collegiate) 205-348-5083
People First of Alabama: 205-932-2240
Survivors of Suicide: 205-274-5011
The Moodies (Bipolar and Depression)
205-310-0070 or 553-3137
West AL Aids Outreach: 205-759-8470
Women for Sobriety 205-718-4097

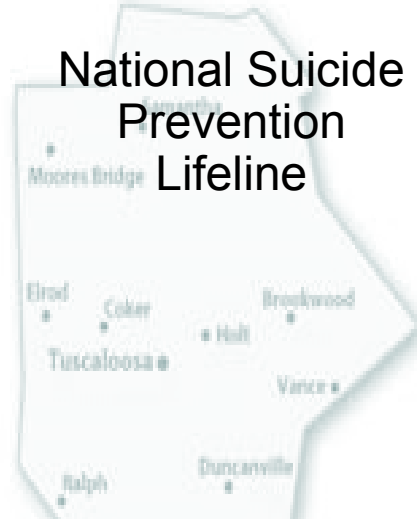
TRANSPORTATION

Easter Seals of
West Alabama: 205-722-1004
Kid One: 1-800-543-7143 or 205-978-1000
Medicaid Non Emergency
Transportation: 1-800-362-1504
Tuscaloosa Metro Transit: 205-343-2300
Together We Ride: 205-333-1577, X213

VETERANS SERVICES

Veterans Administration Medical Center
Homeless Domiciliary: 205-554-2000 X 1-2696

NEED HELP NOW!



1-800-273-TALK (8255)

For Residents
of
Tuscaloosa County
Alabama

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A Directory of Help